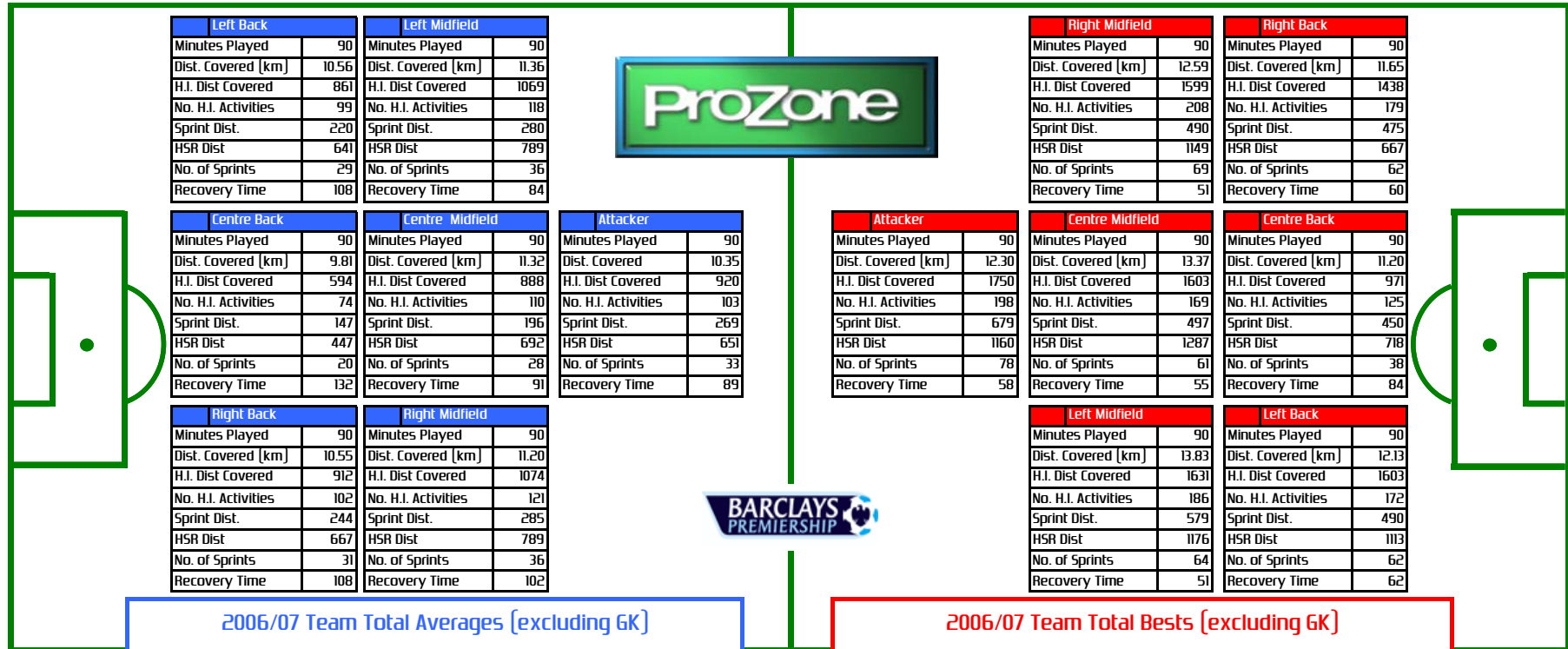


## ProZone Match Analysis

### 2006/07 Fitness Average and Best (Up to & inc 30th October 2006)

(Distances in metres unless stated)



2006/07 Team Total Averages (excluding GK)			
Total Distance (km)	107.21	No. of H.I. Activities	1033
H.I. Distance	8911	No. of Sprints	300
Sprint Distance	2290		
HSR Distance	6621		
Recovery Time (secs)	1078		

2006/07 Team Total Bests (excluding GK)			
Total Distance (km)	121.48	No. of H.I. Activities	1675
H.I. Distance	13746	No. of Sprints	549
Sprint Distance	3972		
HSR Distance	9774		
Recovery Time (secs)	733		