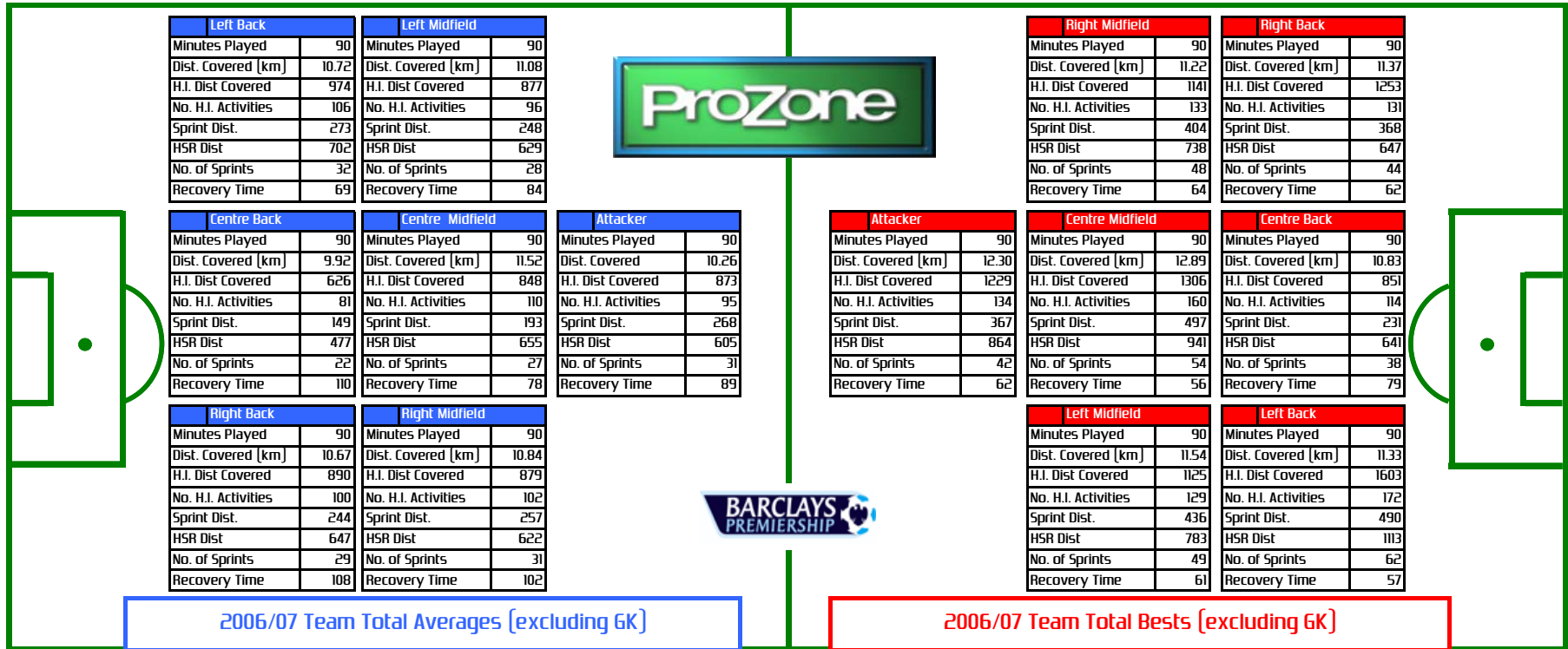


## ProZone Match Analysis

### Elite Premiership 2006/07 Fitness Average and Best (Up to & inc 30th October 2006)

(Distances in metres unless stated)



2006/07 Team Total Averages (excluding GK)			
Total Distance [km]	108.51		
H.I. Distance	9129	No. of H.I. Activities	1090
Sprint Distance	2353	No. of Sprints	320
HSR Distance	6776		
Recovery Time [secs]	949		

2006/07 Team Total Bests (excluding GK)			
Total Distance [km]	121.48		
H.I. Distance	13746	No. of H.I. Activities	1675
Sprint Distance	3972	No. of Sprints	549
HSR Distance	9774		
Recovery Time [secs]	687		