



Arsenal Ladies Cup - 2009

<p><u>Friday July 31<sup>st</sup></u>  <b>Day:</b> Depart the night before and arrive into London early in the morning. Sightseeing tour including: Buckingham Palace, Westminster Abbey, Big Ben, the Houses of Parliament, the Tower of London, St. Paul's Cathedral, and Trafalgar Square  <b>Evening:</b> Dinner in the hotel</p>	<p><u>Wednesday August 5<sup>th</sup></u>  <b>Day:</b> Finals Day. The winners from Group A play the winners from Group B. 2<sup>ND</sup> Place from Group A play 2<sup>nd</sup> place from Group B and so on.  <b>Evening:</b> Award Ceremony and Disco for all competing teams.</p>
<p><u>Saturday August 1<sup>st</sup></u>  <b>Day:</b> Emirates Cup – Watch four of the World's greatest soccer teams live in a packed out stadium  <b>Evening:</b> Dinner in hotel</p>	<p><u>Thursday August 6<sup>th</sup></u>  <b>Day:</b> Training session with Arsenal FC Coaches  <b>Evening:</b> River cruise along the Thames and dinner back in the hotel</p>
<p><u>Sunday August 2<sup>nd</sup></u>  <b>Day:</b> Emirates Cup – 2<sup>nd</sup> day, with two games per day you will see each team play twice  <b>Evening:</b> Team info meeting</p>	<p><u>Friday August 7<sup>th</sup></u>  <b>Day:</b> Trip to the beautiful City of Windsor and the magnificent Windsor Castle, official residence of the Queen  <b>Evening:</b> Friendly Scrimmage against strong opposition. Cook out after.</p>
<p><u>Monday August 3<sup>rd</sup></u>  <b>Day:</b> Arsenal Ladies Cup begins: Preliminary group games  <b>Evening:</b> Opening ceremony</p>	<p><u>Saturday August 8<sup>th</sup></u>  <b>Day:</b> Check out of hotel and transfer to the airport  <b>Evening:</b> Arrive back in North Carolina full of memories of an amazing soccer experience</p>
<p><u>Tuesday August 4<sup>th</sup></u>  <b>Day:</b> Preliminary group games. Morning and Afternoon.  <b>Evening:</b> Disco for the players and Leaders banquet for coaches and managers</p>	

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**TOUR BENEFITS:**

- Round trip airfare
- Quality accommodation
- Breakfast and Dinner
- Minimum three games guaranteed
- Superb facilities
- Luxury motorcoach at all times
- Tickets to Emirates Cup
- Tickets to the Community Shield
- Thames River Cruise
- XL Travel tour guides 24 hours a day
- XL Travel tour planner for each team
- Prizes and medals for all teams
- Sightseeing around central London
- Team Discos
- Museum visits

London



2008 Tournament



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