

The logo features the letters 'XL' in a large, bold, red serif font. Below 'XL', the words 'TRAVEL' and 'SOCCER TOURS' are stacked in a smaller, black, sans-serif font. A red, curved swoosh element is positioned below the text, resembling a stylized soccer ball or a dynamic motion line.

XL TRAVEL SOCCER TOURS

The XL Travel Experience

We hope you are as excited as we are about the upcoming tour. XL Travel has put together what we feel is the ideal soccer tour. You will play against some of the top teams of the same age group in Florida and indeed America.

The itinerary includes sightseeing around some of Florida's most popular tourist destinations, games against the strongest North American teams, exposure to USA College coaches, Disney theme parks, water parks and of course a great deal of fun with your XL Travel tour guides.

The itinerary has been created so that every detail of each day has been organized for you. However, we are very flexible and realize some evenings you will be very tired and prefer not to have an organized activity. Each morning we will be having a group meeting and will discuss the fatigue level and therefore be in a position to alter the schedule. The main reason for traveling is to play against a high standard of opposition in America and to represent your club and yourselves on the field. You will be unable to do this to your best ability if you are too tired. Parents are more than welcome to wander off and do their own thing. There are plenty of activities organized by XL Travel for parents to take part in but also feel free to explore Disney independently.

When you are not busy with the activities above, you will be relaxing in quality hotels, hanging out by the swimming pools, or having fun XL style.

The tour has been set up to be an amazing once in a lifetime soccer experience, we can guarantee you will look back on it with very fond memories.

We look forward to seeing you all soon.

XL TRAVEL INC.

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XL Travel's Top Tour Tips

To help you prepare for your time in the Florida, the team at XL Travel has put together a useful list of information, including everything from your flight over to your return home.

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|----------------|---------------------------------|
| i. Packing | xi. Laundry |
| ii. Payments | xii. Language |
| iii. Insurance | xiii. Training |
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i. Packing

When packing for the trip, treat this as any regular vacation where the weather is very hot, especially in summer months. In Orlando however it tends to rain everyday in the afternoon for approximately an hour. Below are a few suggested items you may need in addition to regular packing and there are also a few obvious ones:

- Football Boots and shin guards
- Waterproofs, especially a jacket
- Practice wear, T-shirts, shorts and socks, laundry may be limited.
- Lunch and dinner money, about 20 dollars per day for 10 days
- Spending money for any memorabilia
- Some US Dollars cash as well as Travelers Checks, so you have some money to hand as soon as you arrive
- One smart casual outfit for evening dining
- Bathing suit
- Sun Screen – Minimum of factor 30
- Sun hat (if you plan on sun bathing)
- Personal medication for asthma, headaches etc.
- Deodorant, toothpaste and other personal hygiene items
- A comfortable pair of walking shoes
- Camera & batteries
- International Phone Card
- Insurance documentation
- Plane Tickets or E-Ticket
- Passport (good idea to make a copy of your passport to keep in your luggage)
- Pen and paper, we encourage everyone to write a short journal each day
- A bad sense of humor and tons of energy!

What not to bring?

- Excess luggage
- Valuable jewelry, no need for it on a soccer tour

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- Cell phones, they will not work in the USA unless they are tri-band
- Computers or excess electronics

ii. Payments

When XL Travel set your tour cost, we set the price based on a number of assumptions. One of these assumptions is that we receive all installments on the dates specified at the start of the tour. We have to set these dates as we must pay deposits to agents such as the airlines and hotels. If we do not receive your payments on time, we cannot place these deposits and may lose the prices that were originally set. Therefore we ask that you are prudent with payments, or it could affect your individual rights to travel or the overall tour cost. Airline tickets will not be distributed until all trip payments have been made by the group.

iii. Insurance

If you are traveling to play in a tournament, insurance is a necessary entry requirement which you must obtain yourself. We recommend that you take out travel insurance whatever type of tour you are coming on. If you choose to find your own insurance, it is important to request a 'sports rider' which will cover any injury sustained during a sporting event. Alternatively you can purchase insurance from our website which is tailor-made for our packages and very reasonable. Check out our website, www.xltravel.com, for further details on coverage and cost.

iv. Flights

You will fly as a team from an appropriate international airport. Your XL Travel team will be awaiting your arrival, and will greet you as soon as you pass through customs.

To travel internationally you will need a passport. If you do not have one already it is advisable to start the application as soon as possible in order to avoid disappointment. Your local Post Office will have all the details and appropriate forms. It is possible to pay more and obtain a passport within a few weeks of travel, but we strongly advise against leaving anything to the last minute.

Your tickets will usually be e-tickets, which mean you do not need a paper copy. Your XL Travel Tour Coordinator will send you tickets 4 weeks before you travel (by email if they are e-tickets, or to your team leader if they are paper). Once you receive your tickets please check the spelling of the full name and let us know if there are any errors, as airlines are very strict with their security. When you complete your booking form, we ask for your name as it appears in your passport - this means your birth name, not abbreviations or shortened versions, as the airlines can be tough on this. There may be a charge for any misspell names due to incorrectly completed booking forms.

v. First Day

The effects of jetlag can affect some people more than others. If you are one of these people, please try to put on a brave face and get a good night's sleep that night and you will benefit for the rest of the tour. We are well experienced on the effect of jetlag, and base the activities for your first day appropriately. We advise that you try to get some sleep on the flight on the way over so that you feel more refreshed when you arrive.

vi. Buses

Tours staying at the Disney resort will NOT have a designated bus driver. The team will be traveling by the Walt Disney resorts own transportation, to and from all theme parks, hotels and on site tournaments. Please respect the bus and your driver

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vii. Hotels

XL Travel is proud of the reputation it has built up with many different quality hotels over the years. Our different package tiers offer different levels of hotel, but we are sure you will find each hotel suits your exact needs. Most of the hotels across America offer air conditioning.

USA hotels have 2 beds in per room which are classed as "Quad rooms" with 4 people sharing. For 3 adults sharing a room, a roll away bed will be added making 3 beds.

Once in the hotels, we ask you to represent yourself accordingly. People will judge you on your behavior during the trip, so it is important to act in a professional manner at all times. We are not the only people staying in the hotel, so you must respect the other guests. While on tour we will be consulting with the head coach on a daily basis to set your curfew. Good behavior is generally rewarded by a later curfew. It is important to recognize that anybody showing a serious lack of discipline will find themselves returning on an early flight – we are proud to have never faced this situation before, and hope it stays that way!

If you are bringing personal electrical items such as a digital camera, you will be able to charge the battery in the hotel, but you will need to purchase a UK to US converter (220V to 110V) before you travel. These can usually be found in stores such as Boots, Woolworths, and are often sold in the airport.

viii. Mealtime

You are participating in a soccer tour. Throughout the tour you will be treated as a professional, and we ask that you respond accordingly. A huge part of a professional's game preparation is their diet, so you should eat accordingly. Eat appropriate meals at the hotel to ensure that you are eating healthily during the tour (not McDonalds and Pizza Hut). It is also important to be aware that an integral part of your tour is experiencing different cultures - this may include the food which will not necessarily be the same as your own meals.

It is also important to keep yourself hydrated on tour. Take every opportunity to drink plenty of water. XL Travel will provide you with a water bottle upon arrival, water at Walt Disney World water fountains is safe to drink. Water fountains are accessible throughout the parks.

If you have specific dietary requirements for medical reasons, or suffer from any food-related allergies, please indicate so on the appropriate section on the booking form.

ix. Money



We suggest a good amount for daily spending is the equivalent of U.S. \$35 per day. The only extra expenses during our tours are food, snacks and drinks, and any personal expenses such as phone cards or souvenirs.

Most European Credit Cards are accepted internationally, but please check with your credit card provider before you travel to ensure this. Another option which provides extra safety is to buy travelers' checks which can be exchanged at most hotels and all banks. If you choose to take this option,

please ensure that you purchase the checks in the currency of your destination country.

x. Telephones

We advise that you wait until you reach your destination before you purchase a phone card. They usually offer a reasonable rate and are easily obtainable from either your XL Travel Tour Director, or local stores which your tour staff will escort you to.

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To call Europe from the USA, dial 01144 and drop the first zero, (Northern Ireland) followed by your area code and full number.

xi. Laundry

Most hotels offer a laundry service, but they tend to be an expensive luxury. You will find yourself very busy during your time on tour, and it is usually much easier to bring enough clothes to last the tour rather than relying on using the laundry service.

xii. Language

While in the USA you will notice some slight difference in the language used, particularly soccer related language. For a start nobody will call it Football. People will know what you mean by soccer but to help you out with some of the more tricky differences here is the XL Travel transatlantic language guide:

<u>Europe</u>		<u>USA</u>
• Boots	=	<i>Cleats</i>
• Pitch	=	<i>Field</i>
• Rubbish	=	<i>Trash</i>
• Rather good	=	<i>Awesome!!!</i>
• Boot	=	<i>Trunk</i>
• Jumper	=	<i>Sweater</i>
• Football	=	<i>Soccer (Start practicing that one now)</i>
• Stands	=	<i>Bleachers</i>
• Trousers	=	<i>Pants</i>
• Pants	=	<i>Underwear</i>
• Sweets	=	<i>Candy</i>
• Tea Time	=	<i>Dinner</i>
• Bum Bag	=	<i>Fanny Pack</i>
• Mobile phone	=	<i>Cell phone</i>



XIII. TRAINING

AS YOU WILL BE PLAYING EVERYDAY, THERE WILL BE NO NEED FOR ADDITIONAL TRAINING DURING THE TOURNAMENT

XIV. PLAYING

MAKE SURE YOU BRING YOUR KIT WITH YOU SOMETIMES GAMES MAY BE TOUGH, SO TAKE THE OPPORTUNITY TO LEARN FROM YOUR OPPOSITION, AND CELEBRATE

VICTORY AND ACCEPT DEFEAT WITH THE SAME GRACE.



IT IS A NICE GESTURE TO BRING A SMALL GIFT FOR THE OPPOSITION, WHETHER YOU CHOOSE TO DO THIS ON AN INDIVIDUAL BASIS, OR POOL TOGETHER TO BUY A TEAM GIFT.



OCCASIONALLY GAMES WILL BE CHANGED FOR REASONS OUTSIDE THE CONTROL OF XL TRAVEL, SUCH AS POOR WEATHER CONDITIONS. THEREFORE, WE MUST RESERVE THE RIGHT TO CHANGE AND AMEND MINOR DETAILS ON THE ITINERARY DURING THE TOUR. THIS WILL NOT TAKE AWAY FROM YOUR TOUR — IT IS IN FACT BENEFICIAL AS WE ONLY DO THIS WHEN IT MEANS ADDING SOMETHING EXTRA OR MAKING AN

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IMPROVEMENT TO THE TOUR — SO WE ASK FOR YOUR PATIENCE AND CO-OPERATION, AND YOU WILL FIND YOU HAVE A FANTASTIC TOUR!



xv. Sightseeing

Sightseeing listed on the itinerary is included. However, we aim to please the group and stay flexible to their desires even during the tour. As such, we sometimes will offer additional extra trips on request of the group, and simply let the individuals pay for themselves. There may also be times in the tour when you are given time to split into smaller groups and visit attractions that you want to see – in this case, consult first with your guide to find out the best places to go and ways of getting around.



xvi. Farewells

You will find it difficult when your tour comes to an end, and you have to leave your XL Travel guides. Try to hold back the tears in the knowledge you will be able to do it all over again next year! As a sign of your gratification, it is customary to tip your XL Travel guides and the bus driver (if applicable). Usually work on around £1 per day, to be split between the all the staff members.

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xvii. Emergency Contact Numbers and email address

EMERGENCY NUMBERS:

UK Head Office: 011-44 203 004 8332

US Head Office: 1-781-210-7896

info@xltravel.com

Florida Tour Director: Tara Labruzzo

Mobile 407-362-8088

tara@xltravel.com

xviii. Hints and Tips

- Please get some sleep on the plane, you may be going directly on a tour when we land and be out for the whole day
- Pack your camera in your hand luggage as you will want to take photos when you arrive in Florida
- Be nice to those lovely American folk at customs
- It would be a good idea to all wear matching shirts on the flight
- This is an opportunity of a lifetime.....**have an amazing tour!!!**

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